

Sample Itinerary

Slow down and enjoy a restorative escape to Aurora, where the sleepy charm of our storybook village sets the scene for ultimate relaxation.

DAY ONE: ARRIVAL

On your journey to Aurora, listen to acoustic guitar or a mindfulness podcast to wash away everyday distractions.

- 3:00 p.m. Check-in at Guest Arrivals
- 3:30 p.m. Settle into your room and enjoy a cold-pressed, full-spectrum CBD tincture from CauseMedic
- 4:00 p.m. Take a self-guided historic walking tour of the village and get the lay of the land
- 5:30 p.m. Drop in for a gentle, restorative yoga class at the Loft
- 7:00 p.m. Sit down for a farm-to-table dinner at 1833 Kitchen & Bar***
- 8:30 p.m. Grab a blanket from the parlor and enjoy the crackle of a campfire before bed
- Sleep Enjoy the Quiet Night Pillow Mist from Lather, featuring a sleep-enhancing oil blend

DAY TWO: SPA DAY

- 8:00 a.m. Pick up a warm cinnamon bun and locally-roasted coffee to-go at the Village Market
- 8:15 a.m. Head out on the Nature Trail and arrive to the Spa accompanied by the sounds of the birds and woods
- 9:00 a.m. Check-in at the Spa and enjoy the hydrotherapy circuits; steams, saunas, hot pools, and cold plunges*
- 10:00 a.m. Enjoy an 80-minute Pain Relief Massage with CBD**
- Noon Lunch at the Spa Café
- 2:30 p.m. Enjoy a 50-minute Indulge & Unwind Flight in the Spa's Fieldview Studio**
- 6:00 p.m. Visit Aurora Cooks! for a show-stopping, three-course dinner with Chef Lou**
- Sleep Enjoy the Quiet Night Pillow Mist from Lather, featuring a sleep-enhancing oil blend

DAY THREE: DEPARTURE

- 9:00 a.m. Savor a hearty breakfast at 1833 Kitchen & Bar***
- 11:00 a.m. Check-out at Guest Arrivals

* Spa reservations are required to access the facility

** Reservations required

***Reservations recommended

REMEMBER TO PACK

- Comfy clothes for tea by the fire
- A swimsuit and a book to enjoy at the Spa
- Hiking boots for the Nature Trail
- Your favorite eye mask